

# The New York Post

Weekly Quarantine Digest  
April 27th - May 1st, 2020

## Weekly PDA Social Events

- Monday** - 12:00 PM - Yoga with Michelle Pierce
- Wednesday** - 6:00 PM - Barre Class with Morgan Miller
- Thursday** - 6:00 PM - Postdoc Happy Hour
- Friday** - 7:30 PM - Postdoc Movie Night

[Click here for Zoom web links and passwords](#)

## Postdoc Resources

### Homeschooling Resources for Parents

Collection of educational resources for parents of school-age children [here](#).

### Peer Review Course by Nature

Free master class on proper peer review by Nature Pub found [here](#). Certificate upon completion.

### Coping Strategies for Dealing with Stress

"Strategies and Tools for Dealing with Stress During The Coronavirus" webinar recording can be found [here](#).

## Other Highlighted Virtual Events

**Tri-I Biotech Club** - Tuesday April 28th - 3:00 PM - [Register here](#) for a virtual panel discussion with 5 Tri-I alumni transitioned from academia to medical communications in New York City.

**Tri-I Therapeutics Discovery Institute** - "Drug Discovery: The Ins and Outs, the Dos and Don'ts" Final Session, Thursday April 30th - 1:00 PM [Email for Zoom Meeting Link](#).

**WCM PDA** - Thursday April 30th - 4:00 PM. COVID19 Journal Club - Paper presented by Talia Mota [Link to presented paper](#). We will discuss the paper & altered peer review process. Details by Email.

**WCM Diversity & Inclusion** - Thursday April 30th - 5:30 PM - Virtual Breaking Bread Dinner - Bring Your Own Dinner (BYOD) & participate in communal dinner and discussion. [RSVP here](#).

**Tri-I Consulting Club** - Thursday April 30th - 6:30 PM - Charles River Associates Life Sciences is present for a virtual information session. Learn about the career & firm, who hires PhDs. [Sign Up](#).

**Tri-I Consulting Club** - Friday May 1st - Peer-to-Peer Consulting Resume Workshop. [Sign up](#) and [Submit resume by May 1st](#) at Midnight.

**Virtual Coffee Hour** - Friday May 1st - 1:00 PM - Bring Your Own Coffee  
Zoom Meeting ID: 595 084 6429



Quarantine Buddy

**Do you have or have you had COVID-19 symptoms?**

WCM has resources for virus testing for **infection** and **antibodies**

## Other Links

- [Subscribe to Roosevelt Islander Newsletter](#)
- [COVID/Quarantine Volunteering Opportunities](#)
- [Green Lab/Sustainability Initiatives](#)
- [CopeWeillCornell - Coping Resources](#)
- [COVID-19 Literature Update](#)
- [Other Yoga & Zumba Opportunities](#)

## Missing your Science Comedy Shows?

Caveat NYC is streaming new shows and content regularly and also has several previously recorded shows available online.

[Check them out here!](#)

